

SWIMMING FEDERATION OF INDIA
11/A Vithalbhai Patel Colony,
B/h Damubhai Vidyarthi Bhavan,
Near Lakhudi Circle, Navrangpura
AHMEDABAD-380 014

To; All Office Bearers & Affiliated Units of SFI & NSA

15th February 2021

**Sub:- 74th GLENMARK SENIOR NATIONAL AQUATIC CHAMPIONSHIPS-2020 at
Rajkot(Gujarat)**

Dear Sir,

We are pleased to inform you that 74th Glenmark Senior National Aquatic Championships - 2020 Swimming will be conducted at **Sardar Patel Swimming Pool, Kothariya Road, Rajkot** from **24th to 27th March 2021** by Rajkot District Swimming Association under the auspices of Swimming Federation of India.

The Swimming Championships will be conducted in Swimming for Men & Women Categories. The events for both Men & Women will be as under.

SWIMMING:

Free Style	50mt, 100mt, 200mt, 400mt, 800mt, 1500mt.
Back Stroke	50mt, 100mt, 200mt.
Breast Stroke	50mt, 100mt, 200mt.
Butterfly Stroke	50mt, 100mt, 200mt.
Individual Medley	200mt, 400mt.
Free Style Relay	4 X 100mt, 4 X 200mt.
Medley Relay	4 X 100mt.
Mixed Relay	4X50m Free Style Relay, 4X50m Medley Relay

Entry Deadline : **13th March 2021.**

No Reserve player will be permitted in the Individual events. Only Registered players will be permitted in Relays. Medals and Certificates will be awarded only to the Finalist of the Relays.

Swimming events will be held in accordance with latest FINA Rules. Mixed Relay comprised of 2 Men & 2 Women swimmers.

As per SFI General Council decision, a Swimmer shall be allowed to enter in Maximum 5 Individual events in this championship. BEST Swimmer award will be given on the basis of performance of Individual swimmer in the championship.

SWIMMING ENTRY WILL BE ACCEPTED ONLINE ONLY on or before the last date i.e. **13th March 2021**
ENTRY & REGISTRATION FEES: Registration Fees Rs.100/= per player, Entry Fees Rs.40/=per event per head, Relay Team Rs.200/=.

LAST DATE FOR SUBMISSION OF ENTRIES IN ALL RESPECT IS 13th March 2021.

A copy of Entry Form duly completed in all respect, along with a copy of State Championship/Trial results and the Entry & Registration Fees to be posted by Regd.A.D / Speed Post to the General Secretary, SFI at AHMEDABAD address only, on or before **13th March 2021**. If the Entry Forms are not received by General Secretary, SFI on or before the last date, it will not be entertained. The second copy of the Entry form to be retained for the use of the concerned unit. **SWIMMING ENTRY WILL BE ACCEPTED ONLINE ONLY... THE DETAIL WILL BE SENT SEPARATELY** on your Registered Email.

TEAM OFFICIALS: Following number of Team Officials will be permitted with each team on the basis of number of participants. Extra team officials will not be permitted with the team.

1 to 5 participants - 1 Team Official

6 to 10 participants - 2 Team Officials

11 to 20 participants - 3 Team Officials

21 to 35 participants - 4 Team Officials

36 & above participants - 5 Team Officials

As per SFI General council decision, for Senior National Aquatic Championships, member unit can send One Entry for Individual event with Qualifying standard fixed by SFI for one entry and if Two Entries for the individual events then both the players must be within the Qualifying standard fixed by SFI for Two entries as per the attached Qualifying standard chart.

If the swimmer fails to achieve qualifying standard/time, the unit will have to pay Rs.500/= as penalty per player per event irrespective of any reason. Player who fails to achieve the qualifying standard will not be given participation certificate. Swimmer fails to enter in the event after sending the entry by unit, the unit will be liable for penalty of Rs.500/= per event per player and the swimmer will not be permitted to participate in the rest of the championships. If the swimmer qualify for the final and fails to enter in the final, the unit will be liable for penalty of Rs.1000/= per event per player and the player will not be permitted to participate in the rest of the championships.

NO PLAYER WILL BE PERMITTED TO ENTER IN THE EVENT WITHOUT AADHAR CARD ISSUED BY GOVERNMENT/ COMPETENT AUTHORITY.

COVID - 19 GUIDELINES :

1. **All participants and officials** must bring **Covid- 19 Test Negative Report, Mask and Social Distancing to be maintained** and it is **mandatory for all on the venue of the event.**
2. **Accommodation** and **Local Transport** will be **not provided** by Organizers.
3. Only **participants and team officials will be permitted in Sports Arena.** No spectator / parents / relatives / Extra officials will be permitted to enter in the venue premises.
4. All Covid - 19 SOP and Government Guidelines will be strictly observed. **Any violation will be debarred the participants / officials.**

Shri Monal Chokshi

General Secretary

Swimming Federation of India

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Organising Secretary

Shri. BANKIM JOSHI

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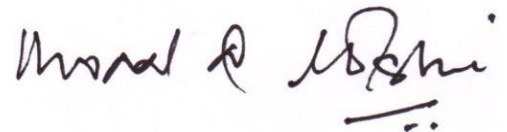
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For Local Co-ordination:

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Encl: As Above



Monal Chokshi
General Secretary

SWIMMING FEDERATION OF INDIA

SWIMMING PROGRAM FOR 74th SENIOR NATIONAL AQUATIC CHAMPIONSHIPS -2020

DAY 1 : MORNING

SR.NO.	EVENTS	MEN / WOMEN	HEATS / TIME FINALS
1	400m Free Style	MEN	Time Finals
2	400m Free Style	WOMEN	Time Finals
3	200m Breast Stroke	MEN	Heat
4	200m Breast Stroke	WOMEN	Heat
5	100m Back Stroke	MEN	Heat
6	100m Back Stroke	WOMEN	Heat
7	50m Butterfly	MEN	Heat
8	50m Butterfly	WOMEN	Heat
9	4 x 200m Free Style Relay	WOMEN	Time Finals

DAY 1 : EVENING

SR.NO.	EVENTS	MEN / WOMEN	HEATS / TIME FINALS
1	400m IM	WOMEN	Time Finals
2	200m Breast Stroke	MEN	Finals
3	200m Breast Stroke	WOMEN	Finals
4	100m Back Stroke	MEN	Finals
5	100m Back Stroke	WOMEN	Finals
6	50m Butterfly	MEN	Finals
7	50m Butterfly	WOMEN	Finals
8	4 x 200m Free Style	MEN	Time Finals

DAY 2 : MORNING

SR.NO.	EVENTS	MEN / WOMEN	HEATS / TIME FINALS
1	800m Free Style	MEN	Time Finals
2	200m IM	WOMEN	Heats
3	200m IM	MEN	Heats
4	100m Free Style	WOMEN	Heats
5	100m Free Style	MEN	Heats
6	50m Breast Stroke	WOMEN	Heats
7	50m Breast Stroke	MEN	Heats
8	4 x 50m Mix Medley	MIX	Time Finals

DAY 2 : EVENING

SR.NO.	EVENTS	MEN / WOMEN	HEATS / TIME FINALS
1	800m Free Style	WOMEN	Time Finals
2	200m IM	MEN	Finals
3	200m IM	WOMEN	Finals
4	100m Free Style	MEN	Finals
5	100m Free Style	WOMEN	Finals
6	50m Breast Stroke	MEN	Finals
7	50m Breast Stroke	WOMEN	Finals
8	4 x 50m Mix Medley	MIX	Time Finals

DAY 3 : MORNING

SR.NO.	EVENTS	MEN / WOMEN	HEATS / TIME FINALS
1	1500m Free Style	WOMEN	Time Finals
2	200m Butterfly	MEN	Heats
3	200m Butterfly	WOMEN	Heats
4	50m Back Stroke	MEN	Heats
5	50m Back Stroke	WOMEN	Heats
6	50m Free Style	MEN	Heats
7	50m Free Style	WOMEN	Heats
8	4 x 100m Medley	MEN	Time Finals

DAY 3 : EVENING

SR.NO.	EVENTS	MEN / WOMEN	HEATS / TIME FINALS
1	1500m Free Style	MEN	Time Finals
2	200m Butterfly	WOMEN	Finals
3	200m Butterfly	MEN	Finals
4	50m Back Stroke	WOMEN	Finals
5	50m Back Stroke	MEN	Finals
6	50m Free Style	WOMEN	Finals
7	50m Free Style	MEN	Finals
8	4 x 100m Medley	WOMEN	Time Finals

DAY 4 : MORNING

SR.NO.	EVENTS	MEN / WOMEN	HEATS / TIME FINALS
1	200m Free Style	WOMEN	Heat
2	200m Free Style	MEN	Heat
3	200m Back Stroke	WOMEN	Heat
4	200m Back Stroke	MEN	Heat
5	100m Breast Stroke	WOMEN	Heat
6	100m Breast Stroke	MEN	Heat
7	100m Butterfly	WOMEN	Heat
8	100m Butterfly	MEN	Heat
9	4 x 100 Free Style Relay	WOMEN	Time Finals
10	4 x 100 Free Style Relay	MEN	Time Finals

DAY 4 : EVENING

SR.NO.	EVENTS	MEN / WOMEN	HEATS / TIME FINALS
1	400m IM	MEN	Finals
2	200m Free Style	WOMEN	Finals
3	200m Free Style	MEN	Finals
4	200m Back Stroke	WOMEN	Finals
5	200m Back Stroke	MEN	Finals
6	100m Breast Stroke	WOMEN	Finals
7	100m Breast Stroke	MEN	Finals
8	100m Butterfly	WOMEN	Finals
9	100m Butterfly	MEN	Finals

SWIMMING FEDERATION OF INDIA

QUALIFYING TIME/STANDARD FOR SENIOR NATIONAL AQUATIC CHAMPIONSHIPS-2020

EVENTS	MEN		WOMEN	
	1ENTRY	2ENTRY	1ENTRY	2ENTRY
50m Free Style	0.24.11	0.23.93	0.27.68	0.27.46
100m Free Style	0.53.46	0.53.15	01.02.27	01.00.42
200m Free Style	01.57.19	01.55.48	02.15.00	02.13.61
400m Free Style	04.10.61	04.09.27	04.47.12	04.39.96
800m Free Style	08.51.35	08.38.39	09.48.08	09.43.93
1500m Free Style	16.52.28	16.43.70	19.06.52	18.49.26
50m Back Stroke	0.27.88	0.27.59	0.32.22	0.31.94
100m Back Stroke	0.59.72	0.59.11	01.09.98	01.08.61
200m Back Stroke	02.13.42	02.11.87	02.35.44	02.28.41
50m Breast Stroke	0.30.35	0.29.81	0.36.11	0.35.38
100m Breast Stroke	01.05.68	01.05.25	01.19.91	01.19.03
200m Breast Stroke	02.25.40	02.24.38	02.53.88	02.47.86
50m Butterfly Stroke	0.25.93	0.25.53	0.30.09	0.29.08
100m Butterfly Stroke	0.57.15	0.56.83	01.08.74	01.06.61
200m Butterfly Stroke	02.11.43	02.08.01	02.33.55	02.31.54
200m Individual Medley	02.13.77	02.11.60	02.34.17	02.31.59
400m Individual Medley	04.45.66	04.44.87	05.28.83	05.25.12
4x100m Free Style Relay	03.43.67		04.29.80	
4x200m Free Style Relay	08.24.45		09.56.91	
4x100m Medley Relay	04.04.46		04.52.31	
4x50m Mixed Free Style Relay	01.48.06			
4x50m Mixed Medley Relay	02.00.50			